

# Parent Education Series

The North Shore Neighbourhood House and Family Services of the North Shore are pleased to present free practical information sessions for parents of preschoolers.

Date	Event	Presenter
September 21, 2010 #244893	Solving the Discipline Dilemma– tackling tantrums, transitions, tuning out Mom & Dad and understanding timeout!	Fran Kammermayer- Parent Educator with FSNS and author of the parenting book, “It’s Not a Plot to Drive you Crazy”.
October 19, 2010 #244918	Dedicated Dads– How to be a supportive team player in achieving family harmony.	Jorge Gonzalez- M.A., Child & Family Counsellor
November 16, 2010 #244898	Bonding with Baby– How creating a secure connection in early childhood lasts a lifetime.	Marla Evans- E.C.E., Birth & Post-partum Doula, staff member at I hope family centre
December 7, 2010 #244902	Parenting Help for the Holiday Season– The “gimmees”, instant gratification, and building self-esteem.	Fran Kammermayer- Parent Educator with FSNS and author of the parenting book, “It’s Not a Plot to Drive you Crazy”.

**Time: Tuesday 6:30– 8:00pm**

**Location: Family Resource Centre**

**John Braithwaite Community Centre**

**145 West 1st Street, North Vancouver**

**[Must pre-register by calling the Front Desk at 604.982.8300](tel:604.982.8300)**

**Childminding (\$5/per child) is available for the first 16 children registered.**

*Contact Megan @ 604.982.8315 for more information.*

