

DROP-IN SPORT SCHEDULE

Summer 2011, July-August 2011

Pay for your drop-in at the front desk or sport supervisor, receive a hand stamp.

Badminton

Monday	Adult	7:00-9:00pm	\$5.81 adult \$4.37 senior/youth
Tuesday	Adult	1:15-3:15pm	\$3.36 adult \$2.24 (55+)
Wednesday	Noon Hour	12:00-2:00pm	\$3.36
Friday	Social Mixer	1:15-3:15pm	\$3.36

Open Gym

The gym is available for open gym drop-in when not in use by scheduled programs or rentals. Please call 604-982-8300 for confirmation of gym availability and for more open gym times.

Parent & Tot Gym Drop-in

Saturday	Parents & Tot	12mos-5yrs	9:15-11:45am	\$1 per child
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Pickleball

Thursday	Social	1:15-3:15pm	\$3.36
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Sports Drop-in for Kids & Youth

Wednesdays	8-15yrs	3:30-5:30pm	\$1	No drop-in July 20
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Soccer

Tu, Th	Noon Hour	12:00-1:00pm	\$2.24
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Table Tennis

Wednesday	Everyone	1:45-3:45pm	\$2.24
Friday	Everyone	4:00-5:30pm	\$2.24 (Anchor Room, main floor)

- Drop-in fees for the above programs are not included in fitness memberships or daily fitness drop-ins except for "open gym".
- Basketballs are available at the front desk (must leave driver's license or keys). General sports equipment not provided.

PLEASE...

- ✓ Give some space and wait until scheduled programs or rentals are complete before entering the gym for your program.
- ✓ Help the gym floor looking its' best by keeping food and beverages out of the gym.