

# Fire & Fall Prevention For Older Adults

Learn what changes you can make in your home to prevent injuries from fires & falls

- Guidelines from the National Fire Protection Agency
- Interactive discussion
- Trivia game
- Door prizes!



## WHEN & WHERE:

- Northshore Neighbourhood House  
Mon March 15 10 - 11:00 am
  - Anavets: Thurs April 15 1:30-2:30pm
  - Mollie Nye: Tue April 27 10 - 11:00 am
  - Twin Towers: Tue May 18 1:30 - 2:30 pm
  - \*John Braithwaite: Mon. June 7th, 11 - 12:00pm
- \* Affiliated with seniors week

Hosted By:



In Partnership with:

